

960644999: I always bounce back stronger.

Lindokuhle M: I am committed to my purpose and therefore I do not give up easily on my goals

Phakamile Mazibuko: Purpose and Resilience 🙏

Faith Baloi: There is always light at the end of any tunnel

Atlehang Nkotha: I am true to myself; my purpose is to be a woman of value in every room I enter.

Carla van Zyl 32036787: I do believe that there are a lot of power in self-help/ motivation books. The key is applying it to your life and not just reading it

Phakamile Mazibuko: What I imagine, I create 🌀

Lindokuhle M: Thank you so much Dr Van de Walt. I will refine my statement. Positive words indeed

Ntsiki Mkhize: Resilience is us being mindful of being prepared for things that might happen, bouncing back when they do and bouncing forward after the fact, but through it all to know and trust then we have been equipped to handle and face what's on our path.

Nomcebo Thusi: stand your ground, ignite the fire 🔥 in you 🍊

Mamela Zimasa: I really enjoyed the meeting and discussions, love and believe in everything we have spoken about. Thank you for this initiative.

Nkamogeleng: 3 year ago I went to an interview and they asked me how I self-motivate. I said I outsource self-motivation. Sometimes when there's nothing inside, you can look out to people around you

Kholofelo Tshilwane: Really enjoyed this. Thank you.

96064499943: I'm deeply grateful for this platform.

Kholi: I was too scared, but I didn't let my fears stop what I want in future

Zoom user: This platform is amazing thank you all ❤️

Mthiya Zuzile N.C: hi everyone I'm glad to meet positive mind sets 🙏🙏

Phakamile Mazibuko: Amazing discussions 🙏🙏🌀🌀, Thank you so much Colleagues

Dr Carina (CH) van der Walt: Thank you for your amazing and intentful input and participation.

Kimsha Sewpal: Thank You all for the midweek motivation and inspiration

Lindokuhle M: Thank you for the wonderful session

Theresa Yvonne: Thank you very much i am well motivated empowered.

Zanele Phakathi: this is so motivating, looking forward for more

Nhkocy Nokukhanya: Thank you 🙏 great motivation

Faith Baloi: GREAT SESSION!